

October

Westbrook HS

Lunch

2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Chicken Strips Coleslaw, Cookie, Fruit Carrots, Milk WG Bun	Mr. Rib on WG Bun Glazed Carrots, Potato Smiles, Fruit, Milk	Meatloaf Mashed Potato WG Biscuit, Fresh Veg, Sliced Peaches, Milk	Hot Dog on WG Bun Baked Beans, Tossed Salad, Carrots, Brownie Fruit, Milk	WG Cheese Pizza Broccoli w Cheese Sauce, Fruit, Milk	
8	9	10	11	12	13	14
	Chicken Caesar Wrap WG Rice, Green Beans, Fixings, Fruit, Milk	Nachos, Black Beans Cucumbers, Fruit, Milk	Sloppy Joes on WG Bun French Fries, Fruit, Bar, Milk	Cheesy Mascot, Corn Carrots, Fruit, Milk	Variety WG Pizza Broccoli w Cheese, Carrots, Fruit, Milk	
15	16	17	18	19	20	21
	Spaghetti, WG Garlic Toast, Green Beans, Fruit, Milk	Hamburger on WG Bun Sweet Potato Fries Fixings, Fruit, Milk	WG Chicken Nuggets Potato, Carrots, Fruit Milk	No School MEA	No School MEA	
22	23	24	25	26	27	28
	WG Mini Corn Dogs Baked Beans, Salad Fruit, Milk	Salisbury Steak Mashed Potatoes Gravy, Fresh Veg, WG Roll, Fruit, Milk	Mr. Rib on WG Bun Potato Smiles, Carrots Fruit, Milk	Italian Sub, Corn Carrots, Fruit Milk	Chicken Teriyaki WG Rice, Green Beans Ice Cream Bar, Fruit Milk	
29	30	31				
	Chicken Fajitas, Fixings Corn, WG Rice, Fruit Milk	WG Chicken Nuggets Potato, Carrots, Fruit, Bar, Milk				